



# Surrey FC: Return to Play Checklist



	Responsibilities Checklist:	Coach	Player
Prior to Arrival	• Self-assessment of symptoms before coming to all club activities	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	• Contact club immediately of any symptoms and stay home	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	• Wash your hands with soap for at least 20 seconds prior to arrival to venue	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	• Ensure equipment, apparel, and soccer gear are all cleaned before arriving to field. Also make sure you are hygienic and clean.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	• Arrive at field dressed in soccer gear. Have your water bottle and belongings <b>labeled</b> and in your bag to be placed in your designated area provided by coach	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	• Masks and gloves are not mandatory but can be worn if you feel more comfortable	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Upon Arrival & During Session	• Follow all signage and instructions provided at park and by club upon arrival while maintaining social distancing throughout the entire process	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	• Arrive to the field no more than 10 minutes prior to the start of your session		<input checked="" type="checkbox"/>
	• Check in/Screening before entering the field: <b>Players</b> check in with coach at their zone gate before entering. <b>Coaches</b> check in with Field Marshal before entering. Anyone who display's any symptoms must be sent home right away.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	• Use sanitizer at gates to sanitize your hands before entering the field (Field Marshals and Coaches to administer)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	• Place all belongings in your designated area	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	• Cough and sneeze into your sleeve, or into a tissue if possible, but never on your hands	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	• Maintain social distancing on the field while training, stay in your zones, and your individual training space	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	• NO physical contact with others at all including: high fives, hugs, handshakes and fist bumps	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	• Do not touch your face, eyes or mouth during the session	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	• Do NOT touch any of the equipment with your hands including: cones, markers, balls, or any other equipment (ONLY one coach to manipulate equipment)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
After	• Do not spit (all players) or spit on gloves (Goal Keepers)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	• Leave the field quickly after your session. If you are awaiting a ride, please wait in designated social distance waiting areas		<input checked="" type="checkbox"/>
	• Wash your hands/sanitize when exiting field	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Reminders	• Equipment to only be handled by coaches, coaches to administer cleaning and disinfecting of club equipment as per club protocols	<input checked="" type="checkbox"/>	
	• All members who are ill with fever, have cold, influenza or infectious respiratory symptoms of any kind need to stay home.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	• Any member from a household with someone showing symptoms of COVID-19 is not permitted to enter any part of the venue and must quarantine and self-isolate.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	• Any Team Member with any symptoms of COVID-19 is not permitted to enter any part of the facility and must quarantine and self-isolate.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	• Make yourself aware and educated on all club documentation, as well as external third party documentation from our governing bodies	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>