

# SFC Goalkeeper Academy



## \*NEW Head GK Coach: Brad Higgs

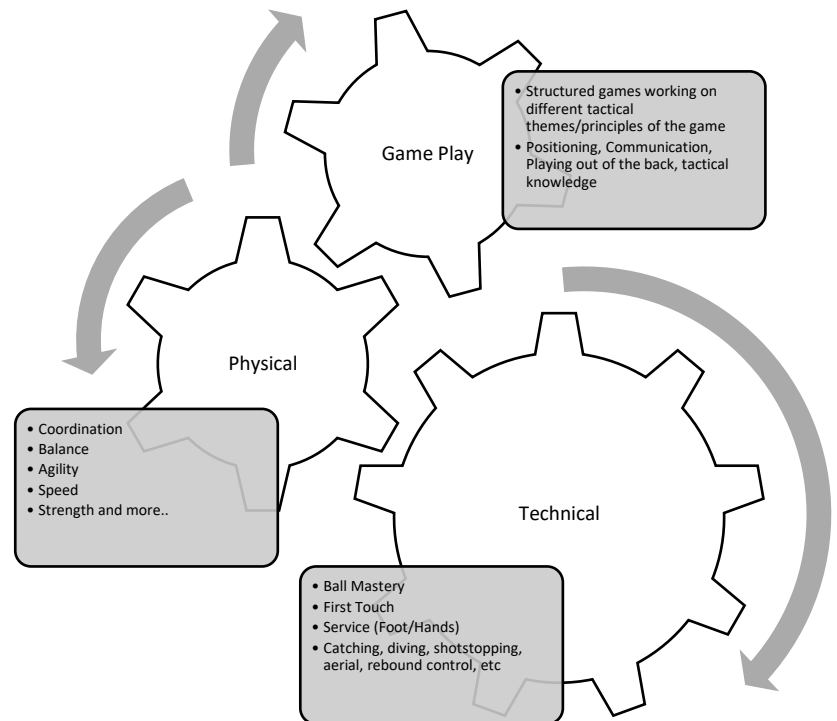


- ✓ CSA B License
- ✓ GK Diploma
- ✓ Canadian National Team/Professional Goalkeeper experience

<b>WHO?</b>	All Goal Keepers from <b>U8 to U18</b> . Players will be split by age groups/level of play
<b>WHAT?</b>	Individual development in a technical staff led environment. Players will work on technical skills, physical literacy (SAQ), and Tactical and Mental literacy through game related instruction.
<b>WHEN?</b>	<b>16 Weeks (Fridays):</b> <b>October, 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup></b> <b>November, 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup></b> <b>December, 4<sup>th</sup>, 11<sup>th</sup></b> <b>January, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup></b> <b>February, 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup></b> <b>U8 – U11 5:00 pm – 6:00 pm</b> <b>U12 – U14 6:10 pm – 7:10 pm</b> <b>U15 to U18 7:20 pm – 8:20 pm</b>
<b>WHERE?</b>	Newton Athletic Park #1
<b>COST?</b>	<b>\$200.00 + \$25 Kit Fee</b> (Can pay in two installments)

## Goal Keeper Academy Overview

Goalkeepers will work on the following elements of training and more..



*Benefits: The Goal Keepers are the focus of this program, not the teams, or team results. Keeper first training, focusing on the individual skills of each keeper and their movement up the player pathway.*

*"Strive for Excellence"*

**Registration: NAP Front Office (Please register before October 9<sup>th</sup>)**

Anyone wishing to register after October 1<sup>st</sup> will need to pay a \$20.00 processing fee.

Player Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Gender: \_\_\_\_\_

Email Address: \_\_\_\_\_ Ph#: \_\_\_\_\_

Address: \_\_\_\_\_ Level of Play: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Emergency Contact Ph#: \_\_\_\_\_

Allergies or Medical Conditions \_\_\_\_\_

Size (Circle):    YS    YM    YL    YXL    AS    AM    AL    AXL